

IWKA Officials Practice Exam

True / False Sample Questions

- _____ 1. Kumite matches will be for two minutes running time.
- _____ 2. To reduce injury, the 4" halo around the head will be scored in the children's divisions only.
- _____ 3. All kumite matches are three point matches except grand championships.
- _____ 4. A non-malicious disqualification (Hansoku) will disqualify the competitor from the match but may permit the competitor to continue in the division.
- _____ 5. Touch is permitted to the head gear.
- _____ 6. Grappling, MMA, and bag gloves are permitted for kumite.
- _____ 7. Mixed colored gi are permitted in kumite.
- _____ 8. Shin and instep guards are required to compete.
- _____ 9. Ring star or any other shoes are permitted.
- _____ 10. Duck tape is permitted on sparring gear.
- _____ 11. Attacks to the arms, legs and joints are a Category II foul.
- _____ 12. A competitor will be given a warning first before a penalty is awarded in Category I and Category II.
- _____ 13. Category I and Category II penalties do not cross accumulate.
- _____ 14. A competitor can receive a penalty and a point for the same encounter.
- _____ 15. There are five criteria to be met in determining a score.
- _____ 16. After being warned for coaching the individual will be removed from ringside.
- _____ 17. Referees may award points and penalties without the support from corner judges.
- _____ 18. Referees may center for their own students.
- _____ 19. A competitor who acts maliciously will be disqualified and removed from the tournament.
- _____ 20. In the even of a tie, the match will extend with all penalties.

- _____ 21. All contact penalties are in Category I
- _____ 22. A competitor attempting to kick an opponent on the ground will be penalized with a Category II foul.
- _____ 23. A competitor can be disqualified for the first offense in Category I.
- _____ 24. Holding is permitted to insure control of the opponent.
- _____ 25. Contact to the throat may incur a warning, a penalty or disqualification.
- _____ 26. Avoiding combat as a means of preventing the opponent to have an opportunity to score is a Category I foul.
- _____ 27. Officials can require the competitor to replace safety gear if deemed unsafe.
- _____ 28. Competitors cannot score from out of bounds but may be scored upon.
- _____ 29. Sweeps and takedowns are permitted.
- _____ 30. A contestant will be penalized for mubobi if contact occurs to them due to their defenseless attitude.
- _____ 31. The referee's responsibilities include ensuring that corner judges are meeting their responsibilities.
- _____ 32. The referee does not need to review rules and signals with corner judges since they have attended the rules seminar.
- _____ 33. Corner judges will verbally call a point and at the same time signal their flag to inform the referee.
- _____ 34. The referee's responsibilities include making sure the ring is running smoothly and is functioning according to the tournament rules.
- _____ 35. A referee may choose not to award a point even if out-numbered by the corner judges.
- _____ 36. All competitors are required to wear headgear.
- _____ 37. Touch (non-injurious contact) is permitted.
- _____ 38. Techniques by their nature that cannot be controlled and dangerous and uncontrolled attacks will be Category I penalties.
- _____ 39. Blood, immediate redness or swelling will result in disqualification.
- _____ 40. If a competitor is disqualified by Shikaku, the competitor must leave the tournament arena.

- _____ 41. The groin target is permitted for all divisions.
- _____ 42. The referee may award a point if he has the support from at least one corner judge.
- _____ 43. Judges will circle their flags above their head to indicate a foul.
- _____ 44. Contact is permitted to the back and spine area.
- _____ 45. Failing to obey the commands of the judges, discourteous behavior toward the officials or other breaches of karate etiquette will result in the competitor being disqualified.
- _____ 46. A competitor on the ground may only score using hand techniques.
- _____ 47. If a person is coaching ringside and makes a second infraction of this rule, they will be removed from ringside.
- _____ 48. Warnings will be issued for any offense in Category II. Any repeat offenses will result in a penalty and a point to the opponent.
- _____ 49. The contestant must always maintain control of the weapons during the performance. A contestant shall be disqualified if he / she drops a weapon during the performance for all
- _____ 50. During Kata competition actual instability of the competitor where there is a distinct but recoverable loss of balance may result in a .2 deduction taken off by each official.

List the criteria needed to award a scoring technique

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

List the target areas permitted in scoring a point.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

List the penalties for Category I

1.

2.

3.

List the penalties for Category II

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.